



Dr. Sharnell Muir and Associates
 100-2033 Gordon Drive • Kelowna BC • V1Y 3J2
 250.860.1414 • 250.868.2171 FAX

Patient Referral

Date: _____

Introducing: _____

- Head, Neck or Facial Pain
- Orthodontic Consult
- Periodontal Disease
- Cardiology Surgical Clearance
- Diabetic
- Tooth Trauma/Accidental Breakage/Loss of teeth
- Sleep Apnea/Sleep Disorder/Upper Airway Obstruction
- CPAP Intolerant
- Previous Oral Appliance
- CT Head & Neck Imaging
- Panoramic Cephalometric
- Paranasal Sinus Corrected TMJ Tomogram

Please send the following with this referral:

- Letter of Medical Necessity
- PSG Report (if applicable)
- Prior Imaging Reports
- Any test results which you feel may help us in treating this patient

Comments: _____

Diagnosis: _____ **Referring Physician:** _____





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Your New Empress Teeth

Congratulations again. You have just had one or several teeth restored with **Empress Porcelain Restorations**. Your teeth are now much stronger than they were with the mercury restorations that were removed. The Empress restoration has bonded your tooth together. It will not come out if you eat sticky foods. It is nearly as resistant to fracture as your own teeth. It has a natural look that will not fade or change.

Here are a few commonly asked questions and answers about new Empress restorations that you may have.

Post Treatment Care

Your new restorations are now bonded firmly onto your teeth. You can eat and chew with them right away. Until the numbness is gone, be careful that you do not bite your tongue or cheek. You can also brush and floss around all of your teeth without problems.

Post Treatment Sensitivity

After any treatment, teeth that may never have had any discomfort may begin to bother you. Removing old restorations and removing decay can cause the tooth's nerve to act up. The lack of pain prior to treatment is not an indication of no decay... it is an indication that the tooth has not been accessed yet.

After receiving treatment, the pulp tissue of the tooth needs time to return to its normal resting state. Any bruising that has taken place due to removal of the old mercury restoration or decay under it will need a few days to diminish. Try not to baby the tooth too much as this may prolong the healing process.

Any sensitivity is usually to cold and should last for only as long as the cold is in the tooth or 10 to 15 seconds longer.

If you have an extreme reaction to heat or cold that lasts a minute or more, contact our office. You may have irreversible damage to the tooth's pulp and require further treatment to calm the tooth down.

Your Bite Feels Off?

Your mouth was numb while we placed in the new restorations. We have adjusted your new Empress restorations to fit your occlusion (or bite). Yet, until your numbness is all gone or you have had a chance to chew, you might not be aware of any discrepancy with respect to the fit of the new restorations.

If your bite feels off, it is important that you contact the office in order to have the restorations adjusted correctly. Your Empress restoration is just as hard as your tooth enamel and it will not self-adjust. You have to visit us in order to correct the bite. It is an easy thing to do and does not require numbing or the use of a rubber dam.



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Questions About Your Temporary

A temporary is a filling or crown that is placed until the permanent filling or crown is made and ready to be placed. It is normal for the gum around your tooth to be a little sore when the anaesthesia wears off. This will disappear by tomorrow. Do your best to chew on the opposite side until your next appointment. Chewing sticky foods can sometimes dislodge it. It is not uncommon to have the following reactions or problems with your temporary.

It Came Off

This is probably the most common problem. It is supposed to come off easily and some foods will help in this. Stay away from sticky foods or gum. It's important for it to be there, so call us and we can re-cement it (or you can push it back into place until you can get in).

It Feels Rough

Please call us if it is making your tongue sensitive.

It Feels High

Come in so we can adjust it. You can bruise a tooth if it is high.

It's Not How I Want The Permanent To Look

Don't worry, the permanent will look much better.

It Is Sensitive

The temporary will not fit as well as the permanent will, so there may be some sensitivity to hot and cold and perhaps when chewing. If it is too uncomfortable, please call.

The temporary is very important. It protects the exposed dentin so it is not sensitive. It prevents food from gathering in the preparation, and prevents the prepared tooth from shifting and moving that could make seating the the permanent more difficult. The Dental Assistant will let you know if you will be able to floss around it.

If you have any questions concerning the temporary, please feel free to call. Remember, it will only be a week or two and it will be all worth it when you get your beautiful permanent restoration.



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